



## Message from the National Institute of Respiratory Diseases Ismael Cosío Villegas

### Mensaje del Instituto Nacional de Enfermedades Respiratorias Ismael Cosío Villegas

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Among the chronic respiratory diseases, chronic obstructive pulmonary disease (COPD) has the greatest impact in terms of mortality, morbidity, work incapacity and social structure in the world. Latin America is immersed in this problem due to tobacco consumption, but also to the region's own habits that make it vulnerable due to the number of patients who present with symptoms secondary to exposure to fossil fuels.

Although there are various guidelines worldwide, the particularities of our populations, territory and the availability of drugs require a reference document written by experts who directly include our characteristics and preferences, in order to make the principles expressed as recommendations more applicable.

A document like this, renewed, updated and verified with the correct methodology, is of great value for the standardization of our practice as a country, for the consideration of correct public sector purchases and for the dissemination of a correct practice in physicians with availability in the most remote regions of Mexico.

Even more meritorious is the achievement of these guidelines that emerge from an international reference in the treatment of respiratory and associated diseases, such as the Instituto Nacional de Enfermedades Respiratorias Ismael Cosío Villegas, joining forces with the Sociedad Mexicana de Neumología y Cirugía de Tórax, institutions that, although independent, have traveled the academic world joining efforts to have greater achievements together.

One of these successes is the delivery of these superb joint clinical practice guidelines, GMEPOC 2025, the result of an exhaustive search and analysis to review an extraordinary amount of literature.

These guidelines, in a scientific world that is achieving more and more and better evidence, propose specific recommendations for the three levels of care, taking into account their characteristics and favoring the necessary knowledge to propose referrals when the situations of feasibility of care and treatment require it.



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