

MEET THE EDITOR: SERGIO A. CASTILLO-TORRES



Castillo-Torres Sergio A. ✉

Servicio de Movimientos Anormales, Departamento de Neurología, Fleni. Buenos Aires, Argentina.

In the words of Sir William Osler, “A physician who does not use books and journals, who does not need a library, who does not read one or two of the best weeklies and monthlies, soon sinks to the level of the cross-counter prescriber, and not alone in practice, but in those mercenary feelings and habits which characterize a trade.” (“The Functions of a State Faculty” in *The quotable Osler* ³).

Correspondence

Sergio A. Castillo-Torres. Author now at Servicio de Neurología, Hospital Universitario Dr José Eleuterio González, Universidad Autónoma de Nuevo León. Monterrey, NL, México.

✉ sergio.castillotr@uanl.edu.mx

Conflicts of interest: Authors of the present study have no conflict of interest to disclose.

Authors contributions

Dr. Castillo-Torres: Conception and design, drafting, final approval, and agreement to be accountable.

Keywords: editor

I was born and raised in Monterrey, northeastern Mexico, where I received my medical training as a general physician at the *Universidad Autónoma de Nuevo León* (UANL). Subsequently, I specialized in Internal Medicine with a subspecialty in Clinical Neurology at the “Dr. José Eleuterio González” University Hospital, also affiliated with UANL.

My choice of specialties was significantly influenced by the Sherlock Holmes stories by Arthur Conan Doyle. In medical school, after reading the entire *Holmesian Canon*, I became fascinated by the reasoning powers of the Baker Street Sleuth. This fascination steered me towards a career in internal medicine. Later, during my residency in internal medicine, I came across an article on Brain presenting the similarities between Holmes and William Gowers,¹ which convinced me of becoming a neurologist. Upon completing my medical training in 2020, I received an invitation to join the Neurology Service at the University Hospital as an Associate Professor, where I became a Level I member of the National Researcher’s System (Sistema Nacional de Investigadores, SNI).

In the same year, I had the privilege of participating in the inaugural generation of the Effective Writing for Health Care Program offered by Harvard Medical School. Additionally, I was selected for the Edmond J. Safra Fellowship in Movement Disorders (Class of 2023) at the Movement Disorders Service of Fleni in Buenos Aires, Argentina. This was the first time this prestigious scholarship was awarded to a center outside Europe and North America. The Edmond J. Safra Fellowship in Movement Disorders is a two-year program that focuses on training clinician-researchers in the field of Movement Disorders, emphasizing their roles as clinical experts and leading researchers. This program is sponsored by the Edmond J. Safra Foundation and the Michael J. Fox Foundation.

My main interests encompass the historical aspects of neurological disorders and the intersections between neurology and literature.² This involves analyzing the lives and literary works of authors in search of neurological signs and symptoms, as well as relating neurological disorders and literary works.



“2023 © National Institute of Neurology and Neurosurgery Manuel Velasco Suárez. This work is licensed under an Open Access Creative Commons Attribution-NonCommercial 4.0 International (CC BY-NC 4.0) license that allows use, distribution and reproduction in any medium, provided that the original work is correctly cited. Commercial reuse is not allowed.”

Funding

Dr. Castillo-Torres is currently supported by the Edmond J. Safra Foundation Fellowship in Movement Disorders (Class of 2023) and holds funding as Level I National Researcher from Mexico's National Council for Science and Technology (Consejo Nacional de Ciencia y Tecnología, CONACYT).

References

1. Lees AJ. The strange case of Dr. William Gowers and Mr. Sherlock Holmes. *Brain*. 2015;138(Pt 7):2103-8. doi: [10.1093/brain/awv144](https://doi.org/10.1093/brain/awv144)
2. Castillo-Torres SA, Lees AJ. Erasing "the purely arbitrary line". *Arch Neurocién Mex*. 2021;26(3):6-7. doi: [10.31157/archneurocienciasmex.v26i3.318](https://doi.org/10.31157/archneurocienciasmex.v26i3.318)
3. Silverman ME, Murray TJ, Bryan CS, editors. *The Quotable Osler*. Revised Paperback ed. Philadelphia: American College of Physicians; 2008.

© Instituto Nacional de Neurología y Neurocirugía
Manuel Velasco Suárez