

## Present and future of *Asociación Nacional de Cardiólogos de México (ANCAM)*

*Presente y futuro de la Asociación Nacional de Cardiólogos de México (ANCAM)*

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Dear members:

This year, ANCAM will be celebrating 35 years from its foundation. In spite of being a young association, ANCAM has reached a significant advance and has a relevant regional, national and international position. It is important to recognize the brave, engaged, pluralistic and inclusive vision of ANCAM founders in order to get a cardiological association to interchange ideas, experiences, collaborations and continuing medical education to facilitate study, research, and knowledge diffusion to impulse cardiology in Mexico.

It is a privilege having the opportunity to communicate with you through Cardiovascular and Metabolic Science, continuation of *Revista Mexicana de Cardiología*, official journal of *Asociación Nacional de Cardiólogos de México, A.C. (ANCAM)*. This first number will be available, for the first time in our story, in electronic format, accessing to the microsite: <https://cardiovascularandmetabolicscience.org.mx>. It will allow an easier access and consultation, as well as easier reception of submitted works for publication (electronic submission system). We hope this change, achieved after several process difficulties can increase scientific contributions from ANCAM fellowships, sister societies, clinical and basic cardiology professionals, cardiac surgeons and all of the allied scientists.

As an innovation in our Regional Meetings we will offer electronic inscription and general and particular evaluation after meetings in order to have actual feedback for future events. Certificate of assistance will be available on line, after fulfillment of a questionnaire. Also,

healthy coffee break will be offered in our events in order to be concordant with our slogan: Preventing is our goal. Finally, due to our collaborators and available devices our meetings will be considered ANCAM Cardioprotected Events.

We will support ANCAM Chapters to get final transcendental results, including courses, updates and statements. Of a major importance is *Iniciativa por el Corazón de la Mujer*, a novel and unique chapter focused to specific actions linked directly to female open population, where different topics are presented to explain the importance of cardiovascular risk and diseases in women. With chapters support and participation of World Summit of Echocardiography, we will ensure a most successful National Congress in 2020, in Guadalajara, Jal.

Previously ANCAM has sent statements to The Senate, on taxes to sugar drinks. We recently sent a statement to both Chamber of Deputies and The Senate, on Cardiovascular effects on Cannabis sativa consumption. We are working on multidisciplinary approach statements on systemic hypertension, heart failure and sudden death that we hope they will be available soon.

I am sure that current collaborating work with focused goals, ANCAM will increase membership and international collaborating relationships that will allow a professional position to continue working with a global association vision.

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