

# Instructions for authors

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The articles should be prepared according to the recent publication "Uniform Requirements for Manuscripts sent to biomedical journals: drafting and preparation of the edition of biomedical publication", developed by International Committee of Editors of Medical Journals (ICMJE), and it can be consulted on the internet page <http://www.icmje.org>. Sending the manuscript document will be an unpublished work, except in abstract form, and

that it is not sent simultaneously to another journal, for magazine claims that the author lease the rights; therefore, the accepted manuscript documents will be owned by the Mexican Society of Cardiology and they could not be published partially or completely in anywhere, without the written consent from the publisher.

The original manuscripts will not be returned and the main author should keep a full copy.

## IMPORTANT

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The manuscript document should be sent with the form of the Transfer of Copyright with the required signatures (see end of text).

## Checklist

The features that must be submitted manuscripts are shown in the following checklist.

### PREPARATION OF THE MANUSCRIPT

- Send two printed copies of the manuscript document, writing to double-spaced with margins 2.5 cm, on bond paper on letter size (28x 21.5 cm), with Arial 12, and number the pages consecutively from the front.
- Write each component of the manuscript on a separate page: title, abstract (Spanish and English) and keywords, text of article (introduction, materials and methods, results, discussion and conclusions) bibliographic references, tables and / or figures.
- Put the number of the page, the first author's surname and the cornice title at the upper right corner of each page.
- Cite references, tables and figures consecutively and according they appear in the text.
- Attach the printed form of the transfer of copyright in favor of the Mexican Society of Cardio-

logy, signed by the first author and co-authors of the article.

- Send the manuscript document recorded in electronic file, with the cover labeled with the article title and first author's name, starting with surname. The text and tables and / or figures should be presented in different electronic files.

### WRITING OF THE MANUSCRIPT

#### 1) Title page

- Type a title without abbreviations or acronyms, limit: 15 words.
- Write the short title for cornice, limit: 8 words.
- **Authors.** Include all authors, starting with name (s); if you want both names appear for future reference, join them with a hyphen. Then the full name, place consecutive superscript Arabic numbers to indicate the academic level, emplo-

ment status, name of department and institution to which you belong.

Example:

Magdalena Sierra Pacheco,<sup>1</sup> Erika Rossi Díaz-Benítez<sup>2</sup>

<sup>1</sup> Children Nurse Specialist. Academic Coordinator of the Specialty in Cardiovascular Nursing. ENEO UNAM-Nursing School National Institute of Cardiology Ignacio Chávez.

<sup>2</sup> Children Nurse Specialist. Chief of Cardiology Adult Service A. National Institute of Cardiology Ignacio Chávez

— **Correspondence.** Include name, address, telephone number, fax number and email address of the author responsible, and the date you submit your article for publication.

## 2) Summaries

- In Spanish and English, limit 250 words. Organize it according to paragraphs requested for each of the sections. When preparing the summary, do not use abbreviations or cite references.
- Key words, from 3-5 words; do not use phrases in Spanish or English, without abbreviations; use the controlled language published in the Medical Subject Headings of Index Medicus or the North American Nursing Diagnosis Association (NANDA).

## 3) Text

- a) **Research article.** Fullest extent 12 pages; includes summaries, introduction, materials and methods, results, discussion, conclusions, references, tables and/or figures.
- b) **Revision article.** Fullest extent 10 pages; includes summaries, introduction, methodology, topic development, conclusions, references, tables and/or figures.
- c) **Case studies.** Fullest extent 12 pages; includes summaries, introduction, objective, methodology, presentation of the case for nursing care process, conclusions, tables and/or figures.
- d) **Articles of daily practice.** Fullest extent 8 pages; includes summaries, development (concept, aim, principles or policies, indications,

contraindications, material and equipment, procedure, complications, main points), references, tables and/or figures.

- e) **Articles “Talking about ...”** topics of general interest to the nurse personnel; fullest extent 12 pages; includes summaries, introduction, development, conclusions and references (optional).

## 4) Bibliographic references

Cite references in order of appearance in the text, using Arabic numerals in superscript, without parentheses and dashes or spaces and with dash in the case of ranges. The drafting of bibliographic references must conform to the guidelines of the “Uniform Requirements for Manuscripts Submitted to Biomedical Journals: drafting and preparation of the edition of a biomedical publication”.

### a) Journal article

- First surname (if you want to use both, join them with a dash)initial (s) of the name of the first six authors, followed by comma each one; in the case of being seven or more authors the word “et al” will be placed. At the conclusion of the names point is used.
- Article title, using capital letters just for the first letter of the word, followed by a period. Include subtitle of the article, if it has.
- The abbreviation used in the Index Medicus magazine; followed by a period.
- Year of publication, followed by a semicolon.
- Volume number as it appears in the magazine.
- Edition of the journal in brackets (if it has), followed by colon.
- Number of initial and final page of the article, separated by a hyphen, followed by a period.

Examples:

Pérez-Noriega E, Morales-Espinoza ML, Granjales-Alonso I. Epidemiological picture of obesity in Mexico. *Rev Mex Cardiol.* 2006; 14(2): 62-64.

Méndez CG. Attitude of the patient to exercise their rights based on information and knowledge. *Rev Mex Enferm Cardiol.* 2006; 14(1): 5-9.

### b) Magazine article online

- First surname (if you want to use both join them with a hyphen), initial (s) the names of the

authors, followed by coma each; at the conclusion of the names is used a period.

- Title of the article, using capital letters only for the initial letter of the first word, followed by a period. Include subtitle of the article, if available.
- Name of the journal.
- Write brackets [Internet] followed by a period.
- Year and month abbreviated (if it has).
- Write brackets [quoted] and place the day, abbreviated month and year it was consulted, followed by a semicolon.
- Volume (and if you have number of journal, this is placed in parentheses), followed by a colon.
- If you know the number of pages, note the number of initial and final page of the article, separated by a hyphen, followed by a period; if they do not have listed pages, in bracketed should write "approx.", the approximate number of pages, followed by a "p", place a period.
- "Available", followed by a colon.
- Electronic address.

Examples:

Barandiarán M, Marcellán T, Moreno L. Psicocognoscitiva stimulation in dementia. An Sist Sanit Navar [internet]. 2003 Sept-Dec [quoted 19 –oct 2005]; 26 (3): 37-49. Available in: <http://www.cfnavarra.es/salud/anales/textos/vol26/n3/revis2a.html>

Aboud S Quality improvement initiative in nursing homes: the ANA acts in an advisory role. Am J Nurs [magazine in internet]. 2002 jun [quoted 12 ago 2002]; 102 (6): [approx. 3p]. Available in <http://www.nur-singworld.org/AJN2002/june/Wawatch.html>

#### c) Book

- First name (if you want to use both, connect them with a hyphen), initial (s) of the name of the first six authors, each followed by a comma; if seven or more authors be the word "et al" will be placed. Period will be used at the end of the names.
- Title of the book, using capital letters only for the initial letter of the first word, followed by a period.
- The edition number, except the first, followed by "ed" and then a point.
- City in which it was published, followed by a colon.
- Name of publisher, followed by a semicolon.
- Year of publication, followed by a period.

Examples:

Murray PR, Rosenthal KS, Kobayashi GS, Pfaller MA. Medical microbiology. 4a ed. San Luis: Mosby; 2002.

Ortega-Vargas MC, Suarez-Vázquez M, Jiménez-Villegas MC, Añorve- Gallardo A, Cruz-Corchado M, Cruz-Ayala G et al .Manual de evaluación del servicio de calidad de enfermería. Estrategias para su aplicación. México: Médica Panamericana 2006.

#### d) Chapter of a book

- First name (if you want to use both, connect them with a hyphen), initial (s) of the name of the first six authors, each followed by a comma; if seven or more authors, the word "et al" will be placed. Period will be used at the end of the names.
- Title of the chapter, using capital letters only for the initial letter of the first word, followed by a period. Include subtitle of the article, if it has.
- Indicate "En", followed by colon.
- First name (if you want to use both, connect them with a hyphen), initial (s) of the name of the first six authors, each followed by a comma; if seven or more authors be the word "et al" will be placed. Period will be used at the end of the names.
- Title of the book, using capital letters only for the initial letter of the first word, followed by a period.
- The edition number, except the first, followed by "ed" and then a period.
- City in which it was published, followed by a colon.
- Name of publisher, followed by a semicolon.
- Year of publication, followed by a period.
- Note a "p" followed by a period. First and last pages of that chapter cited separated by a hyphen; end with a period.

Example:

Ruiz PR, Montesinos JG, Carlón CMP, Vega HS, Barrera SM. Administración de medicamentos por vía oral. En: Ortega-Vargas MC, Suarez-Vázquez M, Jiménez-Villegas MC, Añorve- Gallardo A, Cruz-Corchado M, Cruz-Ayala G et al. Manual de evaluación del servicio de calidad de enfermería. Estrategias para su aplicación. México: Médica Panamericana 2006. p. 135-144.

To reference other materials like cd-rom, monographs on the internet homepage of a website, databases, etc., see the website <http://www.icmje.org>.

**Important note:**

*Article with more than six authors:*

- First name (if you want to use both, connect them with a hyphen), initial (s) of the name of the first six authors, followed by the word “et al”. Period will be used at the end of the names.

Example:

Flores-Flores J, Palomo- Villada JA, Bernal-Ruiz E, Santiago-Hernández J, Montoya-Silvestre A, Astudillo Sandoval R et al. Reestenosis binaria post-ACTP con balón e corte previo a la colocación de stent. Arch Cardiol Mex. 2006; 76 (4): 408-414.

**5) Tables**

- Create Tables double-spaced on separate sheets.
- Place the tables with Roman numerals according to the order in which they appear in the text.
- Verify the number and title of the table appears above it and explanatory notes below this.
- Check the table provides enough information to allow its interpretation without concern to the text.

- Avoid sending tables in image format.
- Remember not to use vertical lines. The table will take 3 horizontal lines: in the first row, the thickness of the top line will be 2¼ point; on the bottom line of the last row, will be 2¼ point.
- Each column should be headed by an abbreviated title.

**6) Figures**

- It is understood as figure any graphic, picture, image, drawing, among others.
- Verify that the figures are identified progressively with Arabic numerals according to their appearance in the text.
- The photographs that appear identifiable persons must be accompanied by written permission for the publication issued by the person. If it is not possible to have this permission, the eyes of the person must be covered over the photograph.
- In the case of photographs, pictures or drawings must be submitted in JPEG or GIF format.
- For figures on the printed manuscript document, send sharp and bright pictures in black and white or color, 127 × 173 mm. A photograph on each sheet.

**Direct all manuscripts to:**

**Mtra. María Guadalupe Paredes Balderas**  
**Revista Mexicana de Enfermería y Cardiológica**  
**Sociedad Mexicana de Cardiología**  
Juan Badiano Núm. 1,  
Col. Sección XVI, 14080, Del. Tlalpan, México, D.F.  
E-mail: [jcparedes11@yahoo.com.mx](mailto:jcparedes11@yahoo.com.mx)

### Transfer of Copyright

Article title:

[Redacted]

Authors (s):

[Redacted]

The authors certify that the above article is original work and it has not previously been published except in abstract form, and if it is accepted for its publication in the Mexican Magazine Nursing Cardiológic, the copyright authors will be transferred to the Mexican Society of Cardiology.

*Signature of all authors*

[Redacted]

*Place and date:*

[Redacted]