

No association of promoter variations of *HMOX1* and *UGT1A1* genes with liver injury in chronic hepatitis C(♦)

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ABSTRACT

Background. Heme oxygenase-1 (HMOX1) and bilirubin UDP-glucuronosyltransferase (UGT1A1), both enzymes involved in bilirubin homeostasis, play an important role in oxidative stress defense. **Objective.** To assess the effect of promoter variations of *HMOX1* and *UGT1A1* genes on the progression of fibrosis in patients chronically infected with the hepatitis C virus (HCV). **Material and methods.** The study was performed on 146 chronic HCV infection patients, plus 146 age- and sex-matched healthy subjects. The (GT)_n and (TA)_n dinucleotide variations in *HMOX1* and *UGT1A1* gene promoters, respectively, were determined by fragment analysis in all subjects. **Results.** No differences were found in the frequencies of each particular allele of both genes, between HCV patients and a control group ($p > 0.05$). Furthermore, no association was detected ($p > 0.05$) between either the *HMOX1* or the *UGT1A1* promoter variants and the individual histological stages of liver disease in the HCV positive patients. Finally, no differences in the *HMOX1* and *UGT1A1* genotype prevalence rates were found between pre-cirrhotic and cirrhotic patients ($p > 0.05$). **Conclusion.** Based on our data, microsatellite variations in the *HMOX1* and *UGT1A1* genes are not likely to protect from progression of liver disease in patients with chronic hepatitis C.

Key words. Bilirubin. Heme oxygenase. Bilirubin UDP-glucuronosyltransferase. Oxidative stress. Genetic predisposition.

INTRODUCTION

During the past decades, the heme catabolic pathway has been demonstrated as making an important contribution to the protection against oxidative stress and inflammation. Heme oxygenase (HMOX), the first and rate-limiting enzyme in the heme catabolism, leads to equimolar production of carbon monoxide, free iron, and biliverdin (which in turn is reduced to bilirubin, the major intravascular bile

pigment). Two isoenzymes of HMOX (HMOX1, OMIM *141250, and HMOX2, OMIM *141251) exist in the human body.¹ HMOX1 is highly inducible by many stressful factors, including oxidative stress and inflammatory stimuli; whereas, HMOX2 is constitutively expressed. Hepatic bilirubin UDP-glucuronosyl transferase (UGT1A1, OMIM *191740), the other important enzyme in the heme catabolic pathway, is responsible for the conjugation of bilirubin with glucuronic acid; accordingly, facilitating thus its elimination into the biliary system. Congenital reduction in bilirubin glucuronidation (to approximately 30%) results in mild, chronic, fluctuating unconjugated hyperbilirubinemia (Gilbert's syndrome).²

A number of recent studies have shown that specific promoter variations in both the *HMOX1* and *UGT1A1* genes are associated with various pathological conditions (for review see ref. 3). The *HMOX1* gene promoter contains a highly polymorphic dinu-

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cleotide GT repeats (ranging from 11 to 42), which are responsible for the regulation of *HMOX1* gene transcription.⁴ Subjects with the less active long (L) allele (GT \geq 29) have been shown to exhibit an increased risk of oxidative stress-mediated conditions including cardiovascular diseases, as well as certain forms of cancer.³ *UGT1A1* also has a highly polymorphic promoter region with (TA)_n repeat variations, modulating the *UGT1A1* transcriptional activity with clinically important consequences similar to those of the *HMOX1* promoter gene variants.³

Among other factors, oxidative stress makes an important contribution to the pathogenesis of liver fibrosis in chronic HCV infection.⁵ It has been reported by Mori, *et al.*, that cells transfected with cDNA of the HCV core antigen exhibited elevated levels of reactive oxygen species (ROS).⁶ Therefore it is surprising, that recent data suggest that *HMOX1* might also play a role in the pathogenesis of chronic HCV infection. Abdalla, *et al.*, recently described a decrease of *HMOX1* protein and mRNA in liver samples from patients infected with HCV.⁷ Such down regulation of *HMOX1* is likely caused by the HCV core protein, rather than by the non-structural HCV proteins.⁸ In contrast, Ghaziani, *et al.* found upregulation of *HMOX1* in the human hepatoma cells expressing HCV proteins from the core region, up to the aminoterminal domain of the NS3 region of the HCV genome.⁹ The importance of *HMOX1* on HCV replication was proven by Zhu, *et al.*, who transfected human hepatoma cells harboring HCV replicons with a human *HMOX1* gene.¹⁰ HCV replication was inhibited in cells overexpressing *HMOX1*; and this was reversed with siRNA-mediated *HMOX1* knockdown. Moreover, *HMOX1* induction with hemin also significantly decreased HCV replication. These findings suggest that the pharmacological activation of *HMOX1* might provide an adjuvant benefit to the standard antiviral treatment options and/or protect from hepatocellular injury in chronic HCV infection. This concept is supported by the recent investigation of Lehman, *et al.*, who demonstrated that *HMOX1* induction significantly inhibited HCV replication by increasing interferon response *in vitro*.¹¹ On the other hand, Bonkovsky, *et al.*, in their clinical study did not find any association of the variations of *HMOX1* gene promoter and responses to the first phase of antiviral therapy, or to the likelihood of developing outcomes in a HALT-C trial.¹²

Based on this data, we focused on assessing the role of *HMOX1* and *UGT1A1* promoter variations in

liver disease progression in chronically HCV-infected patients.

MATERIAL AND METHODS

Patients

The study was performed on 146 patients diagnosed with chronic HCV infection, who were followed at the Department of Internal Medicine of 1st. Faculty of Medicine, Charles University in Prague and Central Military Hospital, Prague, Czech Republic.

Chronic HCV infection was defined as the HCV RNA positivity by RT-PCR in the serum for at least 6 months, and in whom other possible causes of liver disease were excluded (including HBV or HIV coinfections). A liver biopsy was performed on 112 patients by the aspiration technique. The transcutaneous approach was used in the majority of cases, while transjugular biopsies were performed on 23 patients. Tissue samples were evaluated according to the Ishak scoring system (as has been described previously).¹³ All samples were evaluated by a single experienced pathologist (P.H. Central Military Hospital Prague). In these patients, complete data on the grading and staging of the liver disease was available. A liver biopsy was refused by 19 patients; however, none of these patients showed clinical signs of liver cirrhosis. Clinically evident liver cirrhosis was found in 15 patients (signs of portal hypertension, hypersplenism, or a history of liver decompensation). Biopsically-proven liver cirrhosis (stage 6) was detected in 10 patients; together forming the group of 25 liver cirrhosis patients (Figure 1). The control group consisted of 146 age- and sex-matched healthy blood donors.

The study's protocol conformed to all of the ethical guidelines in the 1975 Declaration of Helsinki, as well as being approved by the Ethics Committee of the respective institutions.

The study was registered on www.clinicaltrials.gov (ClinicalTrials.gov Identifier NCT00842205).

Methods

The (GT)_n variations in *HMOX1* (dbSNP rs1805173) and (TA)_n variations in the *UGT1A1* (dbSNP rs81753472) gene promoters were determined by fragment analysis as described previously.¹⁴ In brief, corresponding DNA fragments were amplified by a duplex polymerase chain reaction (PCR), using the following primers:

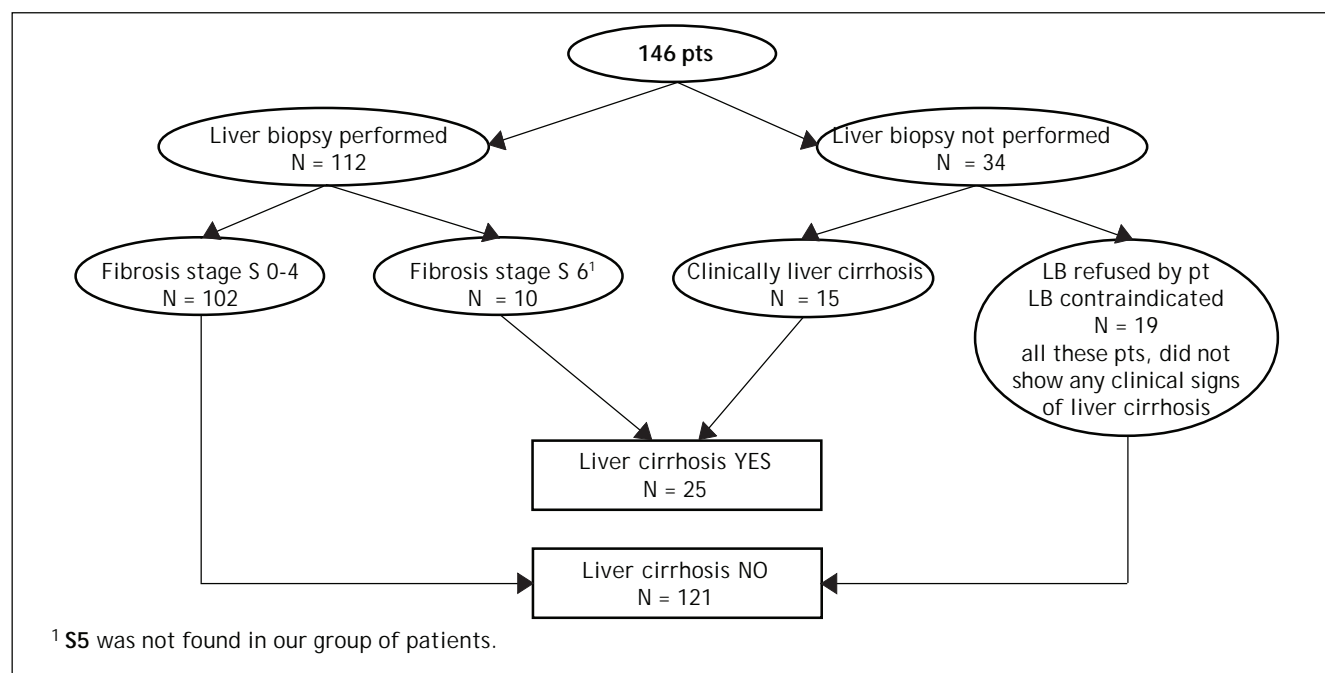


Figure 1. Study design.

- *HMOX1*

- Forward: 5' -ctgcagcttctcagatttcc - 3'.
- Reverse: 5' - acaaagtctggccataggac - 3'.

- *UGT1A1*

- Forward: 5' -gaacttggtgtatcgattggttttgc - 3'.
- Reverse: 5' - catccactgggatcaacagtatcttcc - 3'.

The reverse primers were labeled at the 5' end with WellRED fluorescent dyes (Beckman Coulter, Fullerton, CA, USA). The resulting PCR products were separated on a CEQ 8000 Genetic Analysis System (Beckman Coulter, Fullerton, CA, USA). Based on the number of (GT)*n* repeats, *HMOX1* alleles were classified into short (S, *n* < 24), medium (M, *n* = 24-28) and long (L, *n* ≥ 29) subgroups.^{15,16}

The distribution of genotypes in the control subjects was within the Hardy-Weinberg equilibrium for both studied loci.

HCV RNA was detected in the plasma by use of the Cobas Ampliprep/TaqMan system (Roche, Lower limit of Detection, LLD = 15 IU/mL).

Statistical analyses

The analyses comparing the frequency rates of different alleles as markers to phenotype parameters

were based on the Fisher exact test. All analyses were performed with alpha set to 0.05.

RESULTS

HMOX1 promoter variants in HCV-infected patients

The frequencies of S, M, and L alleles of the *HMOX1* gene promoter did not differ between the HCV positive patients and control subjects (*p* > 0.05, data not shown). Analogously, no differences were found between the cases and controls for the individual *HMOX1* genotypes (*p* = 0.40, data not shown).

In addition, no differences were also detected in the frequencies of the individual alleles between HCV patients without liver cirrhosis and those with overt liver cirrhosis (Table 1, *p* > 0.05 for all comparisons). This observation was confirmed in the detailed analysis of the possible role of *HMOX1* promoter gene variants on disease progression in HCV-infected patients who had undergone a liver biopsy. For this purpose, we grouped non-cirrhotic patients according to the staging into three subgroups: S 0-1 (*n* = 43), S 2 (*n* = 29) and S 3-4 (*n* = 30). There were no significant associations between the frequency of individual *HMOX1* alleles and the stage of the liver lesion (Table 2, *p* > 0.05 for all comparisons).

Table 1. Frequency of *HMOX1* and *UGT1A1* alleles in HCV patients with and without liver cirrhosis

	Patients n = 146	Cirrhosis		p-value
		Yes (n = 25)	No (n = 121)	
<i>HMOX1</i>				
Allele S	40.7%	46.0%	39.7%	0.66
Allele M	52.1%	48.0%	52.9%	0.76
Allele L	7.2%	6.0%	7.4%	1.00
<i>UGT1A1</i>				
Allele 6	60.2%	68.0%	58.7%	0.53
Allele 7	39.8%	32.0%	43.3%	0.41

Data are given as percentage of a given allele.

Table 2. Association between *HMOX1* and *UGT1A1* alleles, and the severity of liver disease.

	Patients n=127	Cirrhosis		p-value	Stage			p-value	p-value
		Yes* (n = 25)	No** (n = 102)		S0-1 (n = 43)	S2 (n = 29)	S3-4 (n = 30)	S0-1 x S2	S0-1 x S3-4
<i>HMOX1</i>									
Allele S	41.7%	46.0%	39.7%	0.324	37.2%	43.1%	43.3%	0.463	0.142
Allele M	50.4%	48.0%	52.5%	0.448	58.1%	43.1%	48.3%	0.044	0.132
Allele L	7.9%	6.0%	7.4%	1.000	4.7%	13.0%	8.3%	0.042	1.000
<i>UGT1A1</i>									
Allele 6	60.2%	68.0%	58.3%	0.475	64.6%	65.1%	58.4%	0.628	0.421
Allele 7	39.8%	32.0%	41.7%	0.594	35.4%	34.9%	41.6%	0.568	0.641

*Cirrhosis-clinically evident or biotically proved. **Patients who underwent liver biopsy and staging <6 data are given as percentage of a given allele.

Table 3. Relationship between the *HMOX1* S allele and *UGT1A1* 7/7 genotype, and the presence of liver cirrhosis.

	Patients n = 146	Cirrhosis		p-value
		Yes (n = 25)	No (n = 121)	
<i>HMOX1</i> S allele				
Yes	65.1%	68.0%	64.5%	1.00
No	34.9%	32.0%	35.5%	
<i>UGT1A1</i> 7/7				
Yes	15.7%	12.0%	16.5%	0.57
No	84.3%	88.0%	83.5%	

sons). As expected, patients with either a more advanced liver fibrosis, or cirrhosis, were significantly older than were patients with lower stages ($p < 0.005$, data not shown).

As the S allele of the *HMOX1* gene seems to be associated with a lower incidence of oxidative stress-related diseases, we have analyzed in detail the frequency of this particular allele (genotypes SS/SL/SM) in the HCV infected patients with liver cirrhosis. Similarly, no difference was detected from this analysis (Table 3, $p = 1.00$).

UGT1A1 promoter variants in HCV-infected patients

In a comparable manner, non-significant findings were also detected for the *UGT1A1* promoter gene variants. The frequencies of alleles 6 and 7 of the *UGT1A1* gene promoter did not differ between HCV positive patients and the healthy controls (data not shown, $p > 0.05$).

The frequencies of the *UGT1A1* alleles in HCV positive patients are shown in table 1. No diffe-

Table 4. Relationship between the frequency of the *HMOX1* S allele and *UGT1A1* 7/7 genotype, and the baseline HCV viral load.

	HCV RNA < 800,000 IU/mL		p-value
	Yes (n = 51)	No (n = 95)	
<i>HMOX1</i> S allele			
Yes	66.7%	64.2%	0.564
No	33.3%	35.8%	
<i>UGT1A1</i> 7/7			
Yes	13.7%	17.9%	0.781
No	86.3%	82.1%	

rences in the frequencies of alleles 6 and 7 of the *UGT1A1* gene were found between cirrhotic and non-cirrhotic HCV patients (Table 1, $p = 0.53$). In addition, no differences were also found in the more detailed analysis, when the non-cirrhotic patients were grouped according to their fibrosis stage upon liver biopsy (Table 2).

As the *UGT1A1* 7/7 genotype has been reported to be associated with a lower incidence of oxidative stress-related diseases, we have analyzed the occurrence of this particular genotype in patients with or without liver cirrhosis compared to genotypes 6/7 and 6/6 (Table 3). However, in this analysis, no significant differences were found.

HMOX1 and UGT1A1 promoter variants and HCV RNA viral load

In the final analysis, we focused on the possible protective role of both genetic variants on the HCV RNA viral load. The baseline viral load was considered low if the HCV RNA level at baseline (immediately before treatment initiation) was < 800,000 IU/mL. Nevertheless, no significant difference in the viral load was found in relationship to the presence of the *HMOX1* allele S or the *UGT1A1* 7/7 genotype (Table 4).

DISCUSSION

The physiological role of HMOX in heme catabolism has been recognized for almost four decades.¹⁷ However, its role in mediating protection from inflammation and oxidative stress *via* the production of bilirubin was confirmed only in 1987.¹⁸ Several investigators have proven that the induction of *HMOX1* can prevent or diminish the severity of liver injury (at least in animal models).¹⁹ To date, the precise mechanisms of the protective effects of the *HMOX1* have yet to be elucidated. These may involve the degradation of prooxidants, such as

heme; the increased generation of antioxidants such as ferritin, biliverdin, bilirubin even carbon monoxide (a bioactive gaseous molecule).

The mechanisms of liver injury in chronic HCV infection are not completely understood. It is believed that several mechanisms might be involved; including immune cell mediated injury, apoptosis, as well as oxidative stress. Pianko, *et al.* found significantly greater apoptosis in patients with chronic HCV infection, compared with the healthy controls.²⁰ Apoptosis is a likely mechanism of liver cell injury in chronic hepatitis C patients with persistently normal ALT. Ming-Ju, *et al.*, recently reported recently increased levels of proinflammatory and pro-fibrotic mediators in the HuH7 cell line; expressing the HCV E2 protein.²¹ This study indicates that the E2 protein is involved in the pathogenesis of HCV mediated fibrosis by the up-regulation of collagen α and oxidative stress, which is Janus kinase (JAK1) as well as JAK2 pathway-related. Lin and coworkers provided evidence that HCV enhances the progression of hepatic fibrosis through the generation of ROS.²² The other possible factors contributing to liver inflammation in chronic HCV are viral proteins such as the HCV core antigen.²³ Ghaziani, *et al.* found the upregulation of *HMOX1* in a cell line expressing several HCV proteins, including core protein.⁹ *HMOX1* in human hepatoma cells may be induced by iron exposure. Furthermore, it has been proven that iron inhibits the expression of HCV *in vitro*.²⁴ This fact might be of particular interest, as iron overload is negatively associated with the stage of liver disease, and treatment efficacy in HCV infection; and, iron itself is involved in the pathogenesis of liver inflammation.²⁵

The presence of the short allele of the highly polymorphic *HMOX1* gene promoter was reported to be associated with higher *HMOX1* inducibility, leading to increased cytoprotection. Indeed, higher basal *HMOX1* expression, as well as stronger inducibility in human endothelial cells carrying the

S allele, exposed to oxidative and inflammatory stimuli, has recently been described.²⁶ Based on this data, we have hypothesized that the genetic variant in the *HMOX1* gene promoter might affect the response to chronic HCV infection, as well as the progression of liver disease in chronically HCV infected patients. However, our data, however, do not support this hypothesis. We were not able to prove any hepatoprotective effect of the S allele *HMOX1* carrier status, either on the HCV infection risk or on liver disease progression.

Similar findings were also obtained also for *UGT1A1*, another important heme catabolic gene. In contrast to other oxidative stress-mediated diseases, such as atherosclerosis,³ no associations were found for major *UGT1A1* gene promoter variations; either in HCV infection risk or liver disease progression. In addition, we were not able to find any association of the biologically relevant variants of both *UGT1A1*, as well as the *HMOX1* genes and hepatitis C viral load.

The lack of any such associations in our study may have been due to several factors. Liver fibrosis in HCV infection is a very complex process, in which many genetically determined factors as well as virological or environmental factors, can play a role. Important factors possibly contributing to the pathogenesis of liver injury in HCV patients such as: the patients age at the time of infection, alcohol consumption, body mass index, insulin resistance, past HBV infection, or hepatic iron content were not available; therefore, these could not be controlled for. In general, taken together, these factors are likely to contribute more significantly to the pathogenesis of liver injury in HCV infection compared to the possible protective role of *HMOX1/UGT1A1* promoter gene variants.

Nevertheless, our findings are in accord with a recent clinical study by Bonkovsky, *et al.*, who also found no association between *HMOX1* promoter gene variants and the response to HCV infection therapy in chronically infected patients.¹²

CONCLUSION

Our study in human patients with chronic HCV infection did not prove any association between promoter variants of the *HMOX1* and *UGT1A1* genes and the risk of disease progression.

ABBREVIATIONS

- **CI:** Confidence interval.

- **HBV:** Hepatitis B virus
- **HCV:** Hepatitis C virus.
- **HCV RNA:** Hepatitis C virus ribonucleic acid.
- **HIV:** Human immunodeficiency virus.
- **HMOX:** Heme oxygenase.
- **LLD:** Lower limit of detection of polymerase chain reaction.
- **LVL:** Low viral load.
- **OR:** Odds ratio.
- **PCR:** Polymerase chain reaction.
- **ROS:** Reactive oxygen species.
- **SNP:** Single nucleotide polymorphism.
- **SVR:** Sustained virological response.
- **UGT1A1:** Bilirubin UDP-glucuronosyltransferase.

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