

Best practice in blood transfusion management in cardiac surgery

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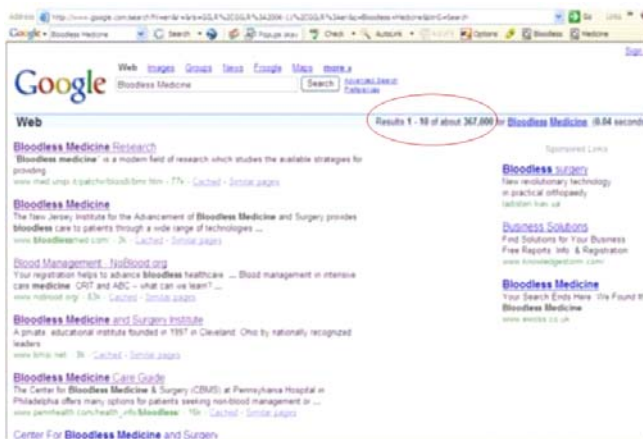
OBJECTIVES

- To describe the paradigm shift in blood management
- To present the perioperative multimodalities strategies in reducing or eliminating allogeneic blood transfusion in cardiac surgery

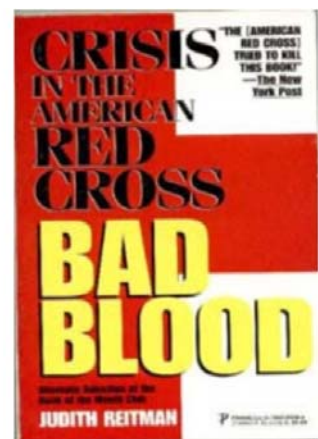
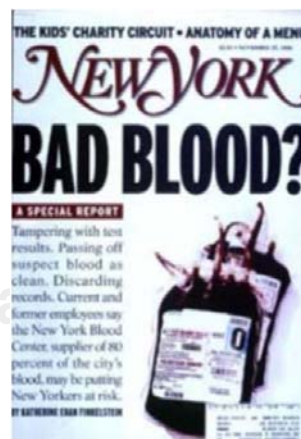
A new disease was threatening the Canadian blood supply in the early 1980's: AIDS, But the Canadian Red Cross was slow to introduce donor screening methods and even slower to test the blood. With the Krever Commission, those infected by the AIDS virus and hepatitis C found a compassionate ear and the answers they sought about who was to blame for this public health scandal.

Canadian Broadcasting Corporation Archives
<http://archives.cbc.ca>

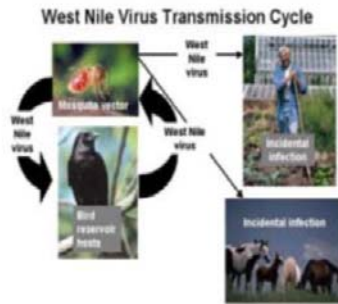
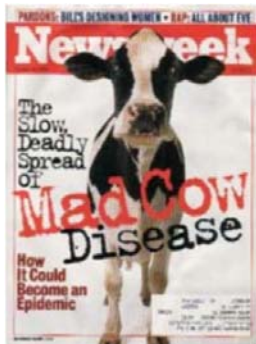
RISKS OF BLOOD TRANSFUSION



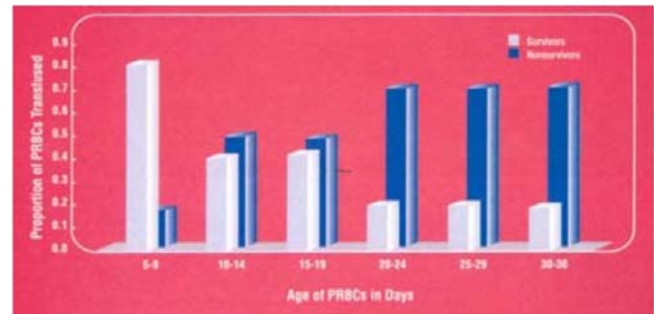
The Krever Report: Canada's Tainted Blood Disaster



RISKS OF BLOOD TRANSFUSION INFECTIOUS COMPLICATIONS



AGE OF PRBC UNITS TRANSFUSED IS ASSOCIATED WITH MORTALITY



Purdy FR, et al. *Can J Anaesth* 1997;44:1256-61.

RISKS: ALLOGENEIC TRANSFUSION

Transfusion risks Post-transfusion reaction

HIV	< 1:1,900,000	Hemolysis	1:700,000
HCV	1:1,800,000	Bacterial	1:300,000
HBV	1:250,000	TRALI (deaths)	1:500,000
HTLV-I&II	1:2,000,000	Nonbac infection	1:600,000
West Nile Virus	1:1,200 to 1:30,000	GvHD	1:800,000
CMV	1:7,500	Mistransfusion	1:19,000
Malaria	1:5,000,000	TRALI (incidences)	1:5,000
Babesiosis	1:5,000,000	Febrile reaction	1:200
Chagas	1:300,000	Post-transfusion purpura	
1:200,000			
Bacteria RBC	1:1.6 x 10 ⁵		
Bacteria Platelet	1:12,000 to 1:60,000		

Physician's guide 2001: Informed consent for blood and blood products
British Columbia Provincial blood coordinating office

TRANSFUSION HAZARDS



RBCS CHANGE SHAPE DURING STORAGE



Day 1

Day 21

Day 35

- Scanning electron micrographs of RBCs isolated from stored blood on day 1, day 21, and day 35
- During storage, the shape of RBCs changed gradually from normal discoid to echinocytes (RBCs with multiple regular spiny projections)²

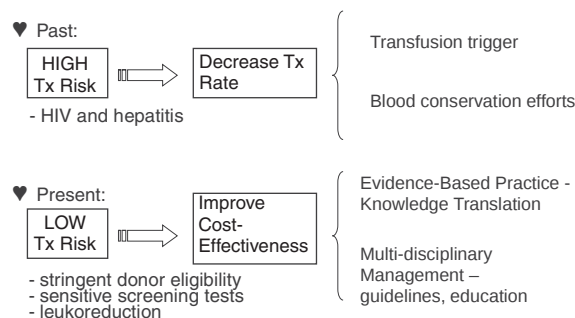
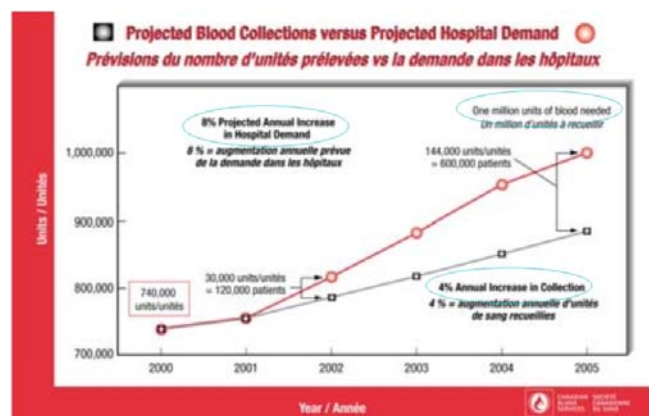
1. Hovav T, Yedgar S, Manny N, Barshtein G. *Transfusion*. 1999;39:277-281.
2. Taber's Cyclopedic Medical Dictionary, 18th Edition

CURRENT BLOOD SUPPLY IS THE SAFEST EVER IN TRANSFUSION HISTORY

There will NEVER be zero risk

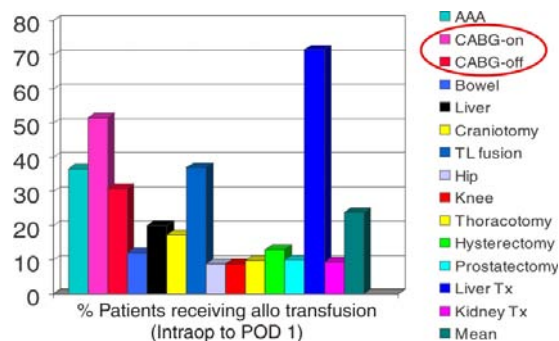
PROJECTED BLOOD COLLECTIONS VERSUS PROJECTED HOSPITAL DEMAND

Prévisions du nombre d'unités prélevées vs la demande dans le hôpitaux



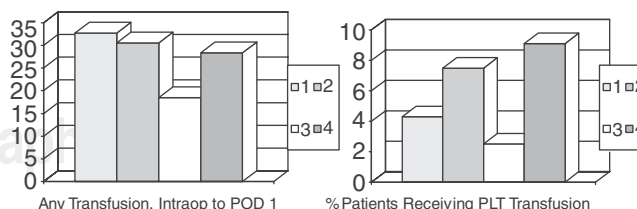
Item	Price
Red blood cells	\$ 400
Autologous (whole) blood	\$ 400
Erythropoietin 40,000 IU/week for 4 weeks	\$ 2,280†
Erythropoietin 1,000 IU	\$ 14.25†
5 units platelets	\$ 500
4 units buffy coat derive platelets	\$500
1 units single donor (apheresis) platelets	\$500
1 unit HLA-matched single donor (apheresis) platelets	\$1,250
Apheresis fresh frozen plasma	\$220
4 units frozen plasma	\$700
8 units cryoprecipitate	\$500
Aprotinin 3 million units	\$500
Tranexamic add 6 g	\$150
IVIG per gram	\$75
Albumin 5% 500 ml	\$100
Pentaspan® per 500 m	\$ 70
Hexten® 500 ml	\$60
CMV anigen-negative, additional cost per unit	\$20
Irradiation per unit	\$25
Blood group (ABO, RhD)	\$10
Antibody screen	\$25
Crossmatch (no antibody)	\$15
Crossmatch (antibody positive patient)	\$45

CANADIAN UTILIZATION STUDY ALLOGENEIC RBC BY PROCEDURE



Cheng, Karkouti, Belisle, Giffin, Martin. CJA 2006

CANADIAN UTILIZATION STUDY: % PATIENTS TX BY INSTITUTIONS

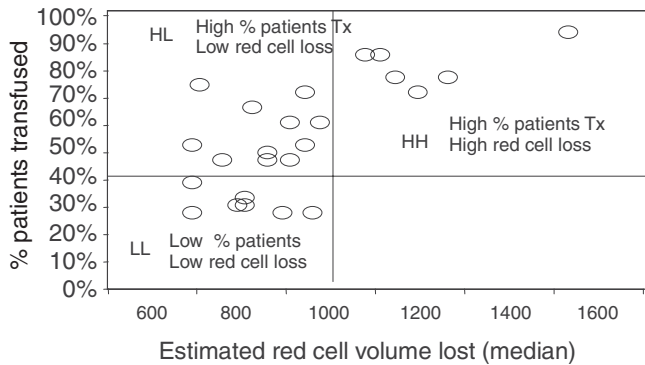


Cheng, Karkouti, Belisle, Giffin, Martin. CJA 2006

PARADIGM SHIFT IN EVIDENCE-BASED BLOOD MANAGEMENT

Callum JL, Pinkerton PH. Blood transfusions, blood alternatives & transfusion reactions. 2nd Ed. 2005
 Sponsored by Ontario Ministry of Health, Health Canada, Canadian Blood Services

IMPORTANCE OF INSTITUTIONAL PRACTICE AFFECTING THE INCIDENCE OF TRANSFUSION



Stover. *Anesthesiology* 1998;88:327-333

2/3 OF ALL RBC TRANSFUSIONS ARE GIVEN PERIOPERATIVELY



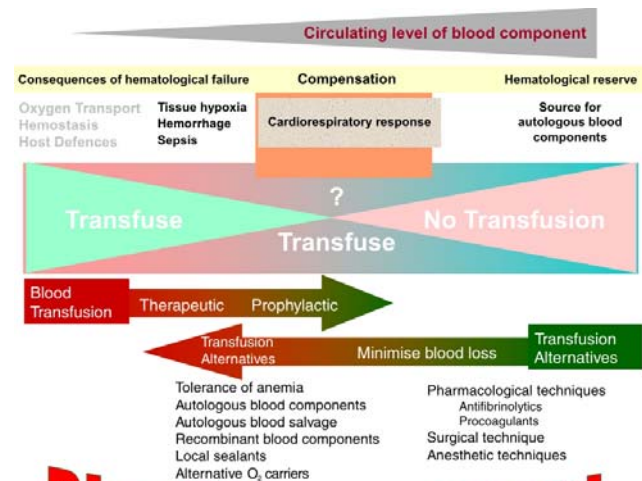
BLOODLESS SURGERY



Ott DA, Cooley DA. Cardiovascular surgery in Jehovah's Witnesses. Report of 542 operations without blood transfusion. *JAMA*. 1977;238:1256-8.

Jehovah's witnesses who require operation represent a challenge to the physician because of the patients' refusal to accept blood transfusion. We report a 20-year experience with a consecutive series of 542 Jehovah's witness patients ranging in age from 1 day to 89 years who underwent operation. Early mortality (within 30 days after operation) was 9.4%. In 362 patients requiring temporary cardiopulmonary bypass, early mortality was 10.7%. Mortality was 13.5% among 126 patients who had single-or double-valve replacement. The only deaths among patients who had aortic valve replacement or repair of a ventricular septal defect occurred in those who had some serious complication before operation. Preoperative or postoperative anemia was a contributing factor in 12 deaths, and loss of blood was the direct cause of three deaths. Cardiovascular operations can be performed safely without blood transfusion.

CIRCULATING LEVEL OF BLOOD COMPONENT



Blood Management

BLOODLESS SURGERY: PERIOP BLOOD MANAGEMENT MODALITIES

- Preoperative
- ↑ RBC (erythropoietin, Fe, folate)
 - Autologous donation (PAD)
 - Anti-PLT agents
- Intraoperative
- Pharmacology: Antifibrinolytics
 - Anesthesia & Surgical techniques

- Acute normovolemic hemodilution
- ↓ transfusion triggers
- Shed blood salvage
- Oxygen carriers

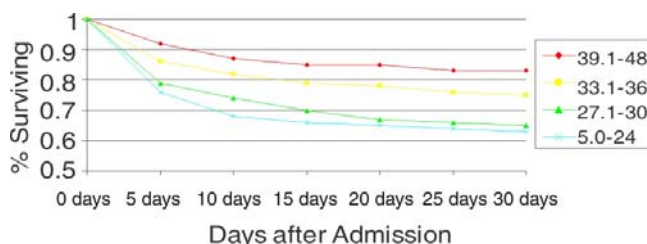
Postoperative

- ↓ transfusion triggers
- ↑ RBC
- Shed blood salvage

Cheng D. Can J Anesth 2001;48: S41- S48

ANEMIA: LOWER HB ASSOCIATED WITH HIGHER MORTALITY FOLLOWING AMI

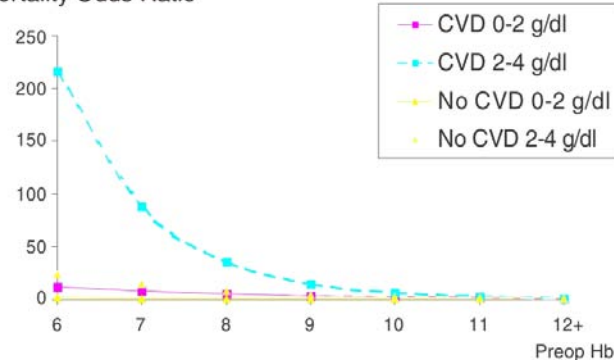
- Study of 78,974 patients over 65 yrs old admitted with acute MI
- Lower Admission Hct $\geq$ higher 30-day mortality and longer hospitalization



Wu, W-C et al. NEJM, 345(17), Oct 25, 2001, 1230-36

SAFE LEVEL OF ANEMIA IN SURGICAL PATIENTS?

Mortality Odds Ratio



Jehovah's Witnesses, observational study

↑ risk if Preop Hb $\leq$ 60 g/L or $\leq$ 100 g/L if have CAD

Jehovah's witnesses, observational study ↑ risk if Preop Hb $\leq$ 60 g/L or $\leq$ 100 g/L if have CAD

Carson. Lancet 1996;348:1055

PREOP ANEMIA IN CARDIAC PATIENTS

Diagnosis	Patients
-----------	----------

• Hospital acquired	37.3%
• Iron deficiency	29.3%
• Renal failure	10.7%
• Chronic disease	8.0%
• Folate deficiency	4.0%
• Thalassemia	1.3%
• No diagnosis	9.3%

Karski J, Cheng D, et al. Can J Anesth 1999; 46: 979-82

↑ RBC: FE, FOLATE

Advantages:

- Mainstay of treating iron-deficiency anemia

Disadvantages:

- Response to treatment is slow and must be started early - poor GI tract absorption

Spence RK. 28th ISBT, August 26-30, 2000

- In cases of on-going iron losses, oral iron does not provide enough iron to correct the iron deficient erythropoiesis, and intravenous iron should be considered

Goodnough LT. Alter in Trans Med 2:January 2000

↑ RBC: ERYTHROPOIETIN

↑ reticulocyte count, Hb levels

↓ allogeneic blood transfusion

Stowell. Orthopedics 1999;22:S110

Faris. J of Bone and Joint Surg 1996;78.

DeAndrade. Orthopedics 1996; 22: 534 - 542

Advantages:

- Once-weekly dose
- Measurable hemoglobin response 100–130 g/L
- Adjunct to PAD programs

Disadvantages:

- Must maintain oral iron and weekly monitoring
- Cost - \$1100 - 2200 per pt
- Safety / efficacy not been established in pts with hx of seizure disorder or hematologic disease

PREOPERATIVE AUTOLOGOUS DONATION (PAD)

- 2-3 units of blood collected before surgery

Benefits:

- ↓ allogeneic transfusion rate
- No risk of viral transmission

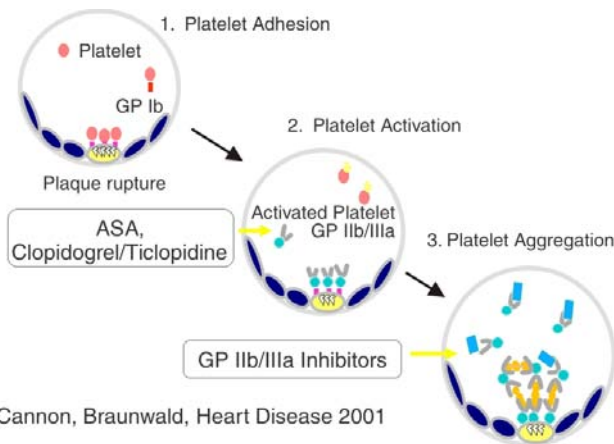
Risks:

- ↑ overall transfusion rate and concomitant risks
- ↑ wastage: postoperative anemia, costs
- Risks of donation

COST EFFECTIVENESS OF PREOPERATIVE AUTOLOGOUS DONATION (PAD)

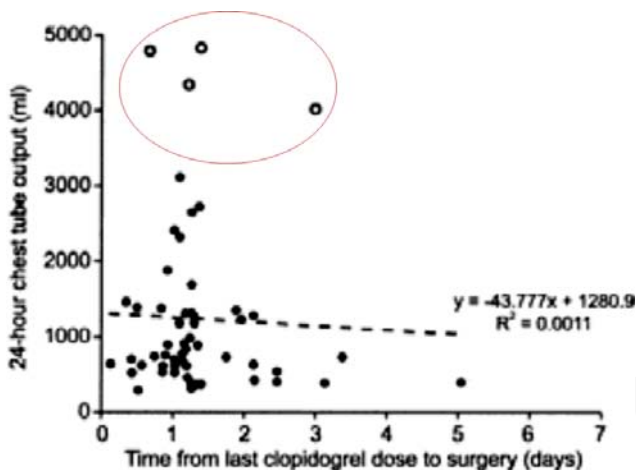
Variable	Total Hip Replacement	Coronary -Artery Bypass Grafting	Abdominal Hysterec-tomy	Transurethral Prostatec-tomy
Mean age of patient (yr)	62	67	49	68
Added cost per unit transfused (\$)	68	107	594	4,783
Incremental effectiveness per unit transfused (QALY)	0.00029	0.00022	0.00044	0.00020
Cost effectiveness (\$/QALY)	235,000	494,000	1,358,000	23,643,000

Etchason. *New Eng J Med* 1995; 332: 719



Cannon, Braunwald, *Heart Disease* 2001

24-HOUR POSTOP CHEST TUBE OUTPUT AND CLOPIDOGREL-FREE INTERVAL BEFORE CABG SURGERY



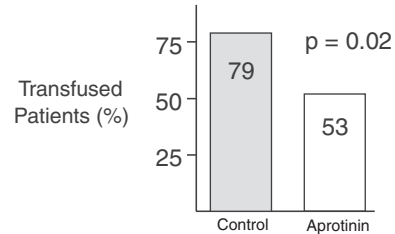
Open circles = clopidogrel-pretreated pts underwent

reoperation for bleeding

Solid circles = clopidogrel-pretreated pts no reoperation for bleeding

Hongo RH, et al. *J Am Coll Cardiol* 2002;40:231-7

APROTININ IN CABG PATIENTS ON CLOPIDOGREL (PLAVIX)



van der Linden J et al. *Circulation* 2005;112:I-276-I-280

SURGERY FOR THE PATIENT RECEIVING ANTI-PLATELET DRUGS: BLOOD MANAGEMENT STRATEGIES-1

- Stop drug administration
- Delay operation, if safe:
 - Aspirin & Plavix: 3-5 days
 - Integrilin & Aggrastat: 2-4 hours
 - ReoPro: 12-24 hours
- However, do not delay emergency CABG when it is otherwise indicated
- Aprotinin

SURGERY FOR THE PATIENT RECEIVING ANTI-PLATELET DRUGS: BLOOD MANAGEMENT STRATEGIES - 2

- Use mammary artery if initial bleeding not too excessive
- Use full loading and maintenance heparin doses for CPB
- Maintain standard ACT's for CPB
- If excessive bleeding is present, transfuse platelets after protamine to reverse effect of drug

PERIOPERATIVE PHLEBOTOMY



ml/day

61-70	Corwin et al. 1995
41	von Ahsen et al. 1999
41.1 (39.7)	Vincent et al. 2002
If arterial lines	
73.9 vs 33.5 ml/d	Smoller et al. 1986
44% more drawn	Low et al. 1995

PERIOP BLOOD MANAGEMENT MODALITIES

Preoperative

- ↑ RBC (erythropoietin, Fe, folate)
- Autologous donation (PAD)
- Anti-PLT agents

Intraoperative

- Pharmacology: Antifibrinolytics
- Anesthesia & Surgical techniques
- Acute Normovolemic Hemodilution
- ↓ transfusion triggers
- Shed blood salvage
- Oxygen carriers

Postoperative

- ↓ transfusion triggers
- ↑ RBC
- Shed blood salvage

Cheng D. *Can J Anesth* 2001; 48 (4): S41- S48

TREATMENTS TO AVOID INTRAOP ANEMIA

Therapeutic Control of Hemostasis	Therapeutic O ₂ Delivery	Therapeutic Acceleration of Hematopoiesis
Minimize excess bleeding	Deliver O ₂ to tissues	To replenish RBCs
Trasylol® Amicar® Cyklokapron® DDAVP®	Oxygen Therapeutics	Procrit® Epogen®

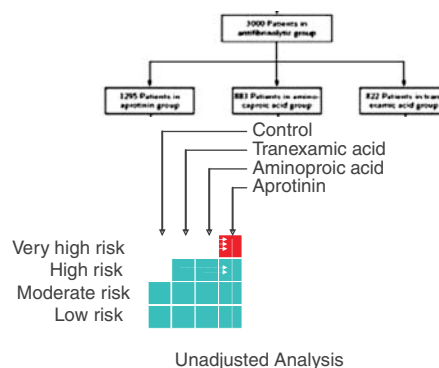
PROPHYLACTIC ANTI-FIBRINOLYTICS IN CARDIAC SURGERY: META-ANALYSIS

Outcomes: Chest tube blood loss, transfusion, re-exploration, perioperative mortality

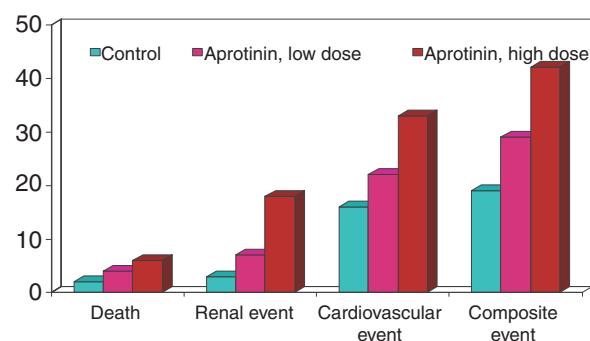
Efficacy: Aprotinin = Tranexamic Acid + DDAVP

Cost: \$600-\$980 \$50-\$200

Fremes et al. *Ann Thorac Surg* 58:1580, 1994
Laupacis et al. *Anesth Analg* 85:1258, 1997

MANGANO DT, ET AL. *NEJM* 2006;354:353-365.

APROTININ DOSE RESPONSE

Mangano DT, et al. *NEJM* 2006;354:353-365.

COMPARISON OF OUTCOMES IN THE MATCHED GROUP

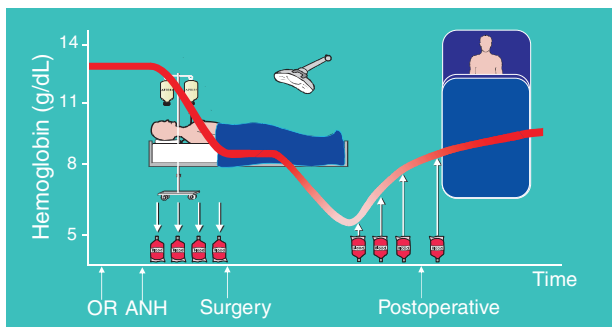
Variables	Number	Group		Comparisons	
		Aprotinin (n = 449)	Tranexamic acid (n = 449)	Pro-portion	(p value)
Received at least 1 RBC unit	354	0.79	342	0.76	0.3
Received at least 5 RBC units	157	0.35	135	0.30	0.1
Received at least 10 RBC units	60	0.13	46	0.10	0.2
Received at least 5 PLT units	252	0.56	223	0.50	0.06
Received at least 1 FFP unit	296	0.66	275	0.61	0.1
Surgical reexploration	59	0.13	51	0.11	0.4
Myocardial infarction	12	0.03	10	0.02	0.7
Stroke	15	0.03	13	0.03	0.7
Renal dysfunction	107	0.24	75	0.17	0.01
Renal failure	25	0.056	14	0.031	0.08
Serious infection	21	0.05	21	0.05	1.0
Death	30	0.07	33	0.07	0.7
Median		25th, 75th percentiles	Median	25th, 75th percentiles	
Duration of stay in the intensive care unit (days)	2	1.4	2	1.4	0.4
Duration of postoperative hospitalization (days)	8	6.13	8	6.12	0.3

Karkouti K et al. *Transfusion* 2006

ANESTHESIA TECHNIQUES: CONTROLLED HYPOTENSION; NORMOTHERMIA



ACUTE NORMOVOLEMIC HEMODILUTION (ANH)



ACUTE NORMOVOLEMIC HEMODILUTION

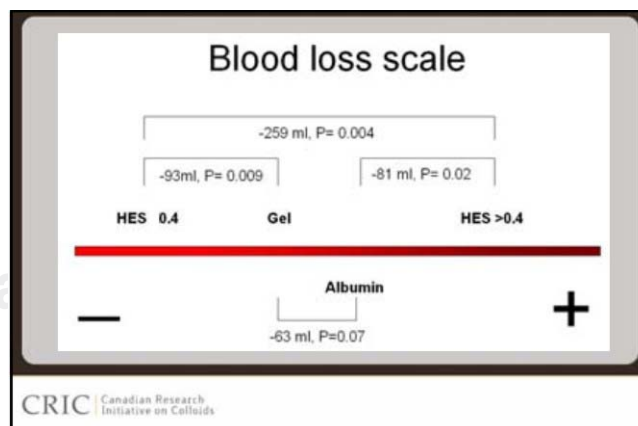


COAGULATION MONITORING

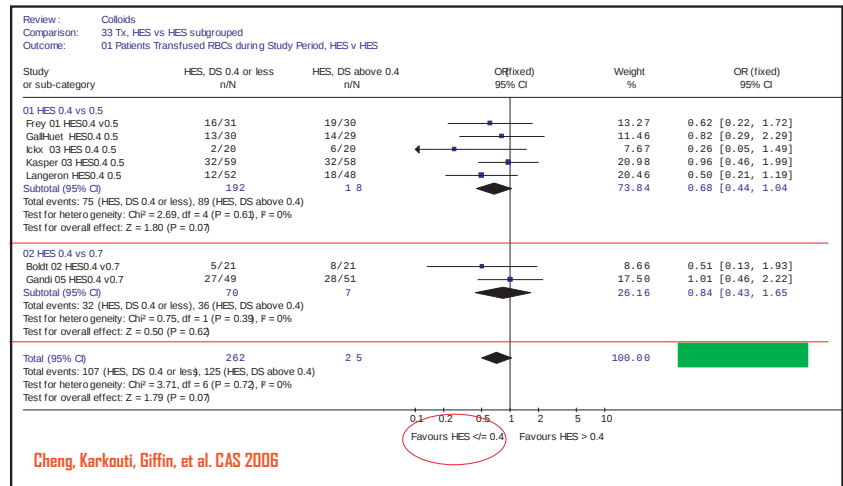
- Thromboelastograph (TEG) whole blood test of viscoelastic blood clot formation
- Ultegra platelet response to a thrombin receptor agonist peptide (TRAP)
- Clot Signature Analyzer (CSA) measure platelet reactivity
- Plateletworks platelet count ratio to assess platelet reactivity



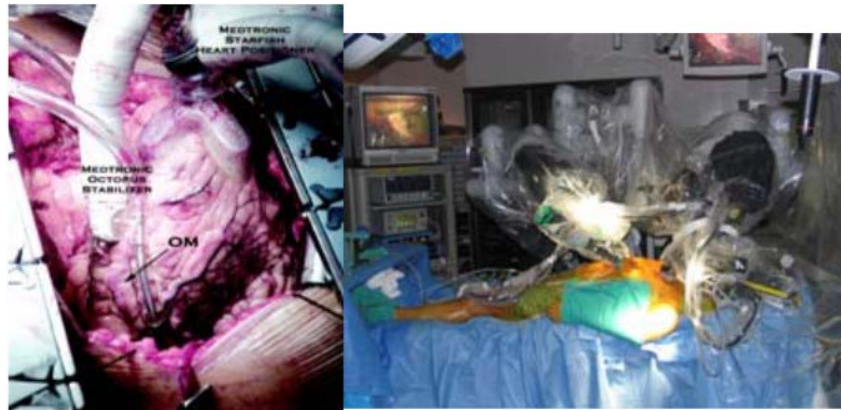
PERIOPERATIVE BLOOD LOSS: COLLOID VS COLLOID



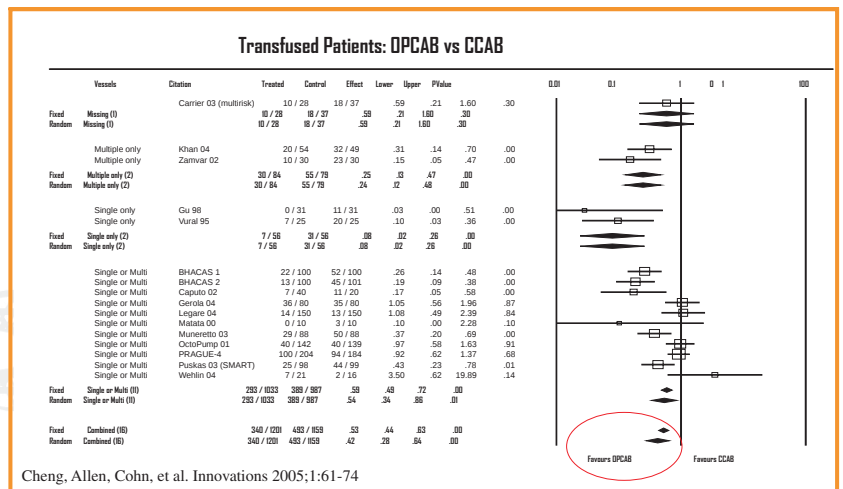
PATIENTS TRANSFUSED: HES 0.4 VS (HES 0.5 OR HES 0.7)



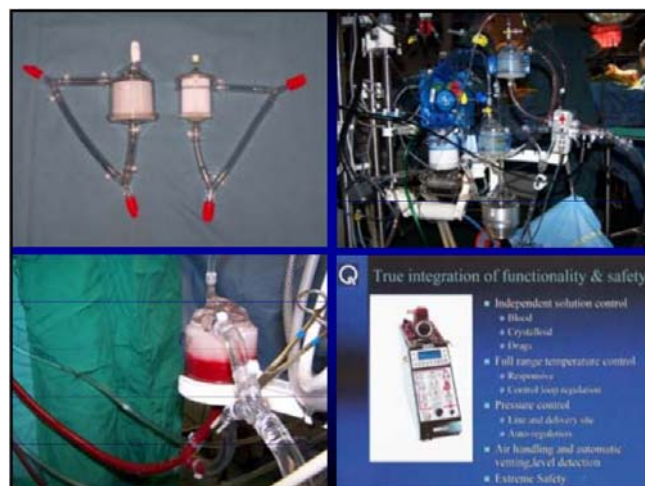
SURGICAL TECHNIQUES: OPCAB SURGERY, MINIMALLY INVASIVE SURGERY



SURGICAL TECHNIQUE: MINIMALLY INVASIVE SURGERY



SURGICAL TECHNIQUE: ENDOSCOPIC VEIN HARVESTING WOUND DRAIN- AGE, NECROSIS, INFECTION, AND LEG EDEMA

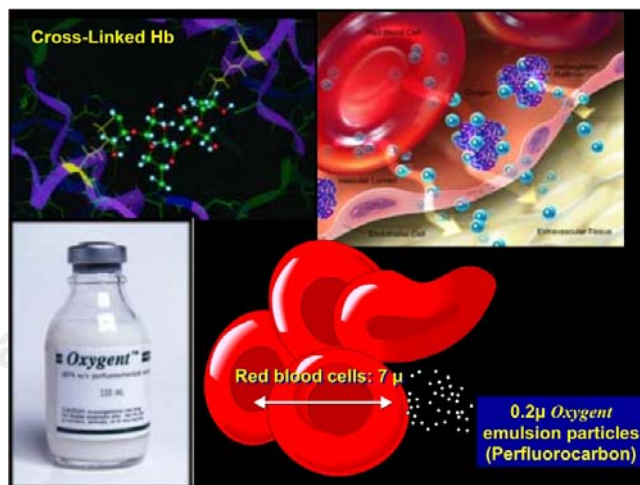


SURGICAL EQUIPMENT: HARMONIC SCALPEL



PERFUSION TECHNIQUES

- Prime reduction
 - Smaller circuits
 - Mini circuits
 - Retrograde autologous prime
 - Microplegia systems
- Hemoconcentration
 - Cell Salvage
 - Ultra filtration



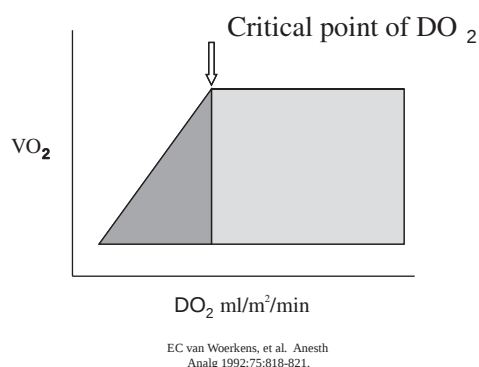
OXYGEN THERAPEUTICS

Product	Source	Hb Conc & Cross -link	T 1/2 (hr)	Trial Phase
Hb raffimer / Hemolink TM	Human RBCs	100 g/L o raffinose cross linked polymerized	14-20	II Orthopedic II Renal anemia II CABG III CABG
HBOC -201/ Hemopure [®]	Bovine RBCs	130 g/L glutaraldehyde polymerized	9- 24	II Cardiac/Vascular III Orthopedic
Poly SFH -P/ PolyHeme TM	Human RBCs	100 g/L glutaraldehyde polymerized	24	II Trauma III Vascular/AAA
DCLHb */ HemAssist TM	Human RBCs	100 g/L diaspirin cross - linked	2- 11	III Cardiac III Trauma
AF0144*/ Oxygent TM	PFC	Egg yolk phospholipid	6 - 9	II Cardiac II Orthopedic III Non- cardiac III CABG

Cheng D. Can J Anesth 2001; 48 (4): S41- S48

- Intraoperative
 - Pharmacology: Antifibrinolytics
 - Anesthesia & Surgical techniques
 - Acute Normovolemic Hemodilution
 - ↓ Transfusion triggers
 - Shed blood salvage
 - Oxygen carriers
- Postoperative
 - ↓ transfusion triggers
 - ↑ RBC
 - Shed blood salvage

Cheng D. Can J Anesth 2001;48:S41-S48.

TOLERANCE OF ANEMIA: VO₂ VS DO₂

EC van Woerkens, et al. Anesth Analg 1992;75:818-821.

STATUS OF OXYGEN THERAPEUTICS

Product name	Type of product	Areas of investigation	Stage of development	Company
Gelenpol	Polymerized human Hb	Approved in Russia for blood loss resuscitation	N/A	Institute of Macromolecular Compounds, St Petersburg Russia
Hemospan TM	PEG-Hb (human)	Temporary substitute for blood Tx during Sx, injuries with loss of blood	Phase I completed July 2002	Sangart, San Diego CA, USA
Hemozyme [®]	Polynitroxilated human	Surgery, hemorrhagic shock	Preclinical	Synzyme Technologies, Irvine CA, USA

POTENTIAL CLINICAL APPLICATIONS

- Elective Surgery
 - Plasma expansion, IAD, cardioplegia
- Trauma and Emergency Resuscitation
 - Transfusion immediately available
 - Bank blood spared until bleeding controlled
 - Hypotension associated with septic shock
- Replacement in patients with multiple antibodies, sickle cell anemia, JW
- Extracorporeal organ perfusion
- Radiosensitive tumors

PERIOP BLOOD MANAGEMENT MODALITIES

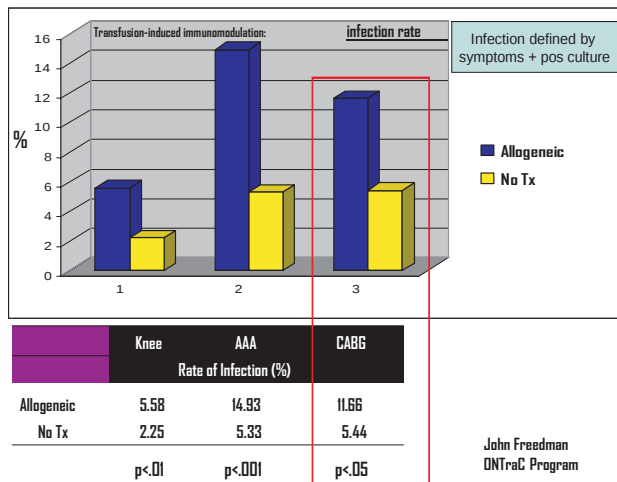
- Preoperative
 - ↑RBC (erythropoietin, Fe, folate)
 - Autologous donation (PAD)
 - Anti-PLT agents

↓ TRANSFUSION TRIGGER

Haemoglobin (g/l)	Risk	Strategy
> 100	Very low	Avoid
80–100	Low	Avoid; May occasionally require transfusion based on clinical evaluation†
60–80	Moderate	Try to avoid; Decrease oxygen consumption; Base transfusion decision on clinical evaluation†
< 60	High	Usually requires transfusion

†Clinical evaluation: volume, respiratory, cardiac, and cerebrovascular status, duration of anaemia, symptoms, ongoing blood loss, risk of rebleed, extent of surgery

Perioperative Transfusion Medicine,
Chapter 3

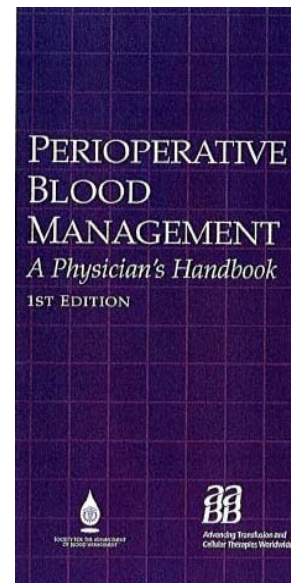


A SUCCESSFUL BLOODLESS MEDICINE AND SURGERY PROGRAM

- Commitment \$: Hospital
- Leadership, Knowledge Translation: A coordinated multidisciplinary approach to avoid allogeneic transfusion in patients for both elective and emergent situations
- More than just NOT administering blood to patients
- Risks of not transfusing must be weighed against the Morbidity, Mortality and Cost

“Blood transfusion is like a marriage: It should not be entered into lightly, unadvisedly, or wantonly, or more often than is absolutely necessary.”

Beal RW, Aust NZ. J Surg 1976.



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